



Client's Name: _____

PHIN: _____

HOME CARE ATTENDANT ASSIGNMENT TASK PLAN – CLIENT SPECIFIC

Application of Transcutaneous Electrical Nerve Stimulations (TENS)

Important Points to Remember for this Client

Examples:

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Date: _____

Signature: _____

PROBLEMS TO WATCH FOR AND REPORT

- Redness, rash, blisters or open skin noted.
- Equipment is broken or not in good repair.
- Client will set the level of intensity for the treatment and remove pads when done.

Procedure – Application of TENS

1. Wash hands.
2. Before placing the electrode pads on the client make sure the machine is switched off.
3. Have the client test the machine by holding the pads between their fingers and carefully turn the machine on. The client should feel a tingling sensation.
4. Make sure the skin where the pads are to be applied is clean and dry.
5. Place the pads as instructed by Physiotherapist.
6. Fix pads to skin with tape if the client will be moving around.
7. Inform the client to switch the machine on slowly and turn up gradually until they have reached the desired level of intensity.
8. Wash hands.
9. Document correctly on the Home Care Treatment/Care Plan Activity Record – Home Care Attendant.