

## Safe Work Procedure: Unloading Dryers

Department	Approved by:	Date Created:	Review/Revised Date:
Environmental Services	Regional Director of Support Services	2013/09	2017/06; 2022/06

Potential Hazards:	Personal protective equipment / devices required / other safety considerations
<p><i>Fill in those that apply:</i>  <b>Risk for injury: H=High M=Medium L=Low</b>  <b>M</b> Awkward/sustained postures (twisting)  <b>L</b> Repetitive movements  <b>L</b> Forceful exertions (lifting/pulling linen)  <b>L</b> Moving machinery  <b>L</b> Extreme heat (ensure cool down cycle used)  <b>L</b> Combustibles/flammables</p>	<ul style="list-style-type: none"> <li>• Cart with Backsaver (elevated spring-loaded cart if available)</li> <li>• Appropriate non-slip footwear</li> <li>• Hearing protection (if required)</li> </ul>

### Training / Reference information

- SCHIPP Module 1 training
- Department Orientation
- WHMIS / SDS training

**Note:** Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report these to your supervisor.

**Employers must ensure that workers are trained and follow this safe work procedure Steps to perform this task safely:**

1. Position the laundry cart to one side of the dryer opening, and not directly in front. Standing in front of the dryer door, take small steps to turn with feet rather than twisting your back to unload the laundry into the cart. Bend hips and knees to reduce forward bending.
2. Lift only what is safe for you to lift.
3. Use a laundry rake (when required) to reach and pull linen from the back of a deeper drum.