





SCHIPP.M3.008

SAFE WORK PROCEDURE		WALKING SUPERVISED ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President - Human Resources	Date Created: June 29 2016	Review Date: December 20 2017 Revised date: January 2 2018
<p>Potential Hazards Present:</p> <p>No handling concerns, unless Client falls. In event of fall;</p> <ol style="list-style-type: none"> 1) There is a risk for awkward postures and over exertion, which can lead to a musculoskeletal injury. 2) Client may grab or strike from reactive or defensive behavior. 3) Microorganism Transmission <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report to supervisor.</p>		<p>Personal protective equipment / devices required / other safety considerations:</p> <ul style="list-style-type: none"> ➤ Appropriate Mobility Aid, brace(s) if required. ➤ Appropriate footwear for Client ➤ Clothing that allows movement for Client ➤ Routine Practices; Additional Precautions as assigned <p>Training:</p> <ul style="list-style-type: none"> ➤ Initial Orientation and regular review ➤ Training on assisting the fallen Client <p>Resources:</p> <ul style="list-style-type: none"> ➤ Follow Manufacturer's Instructions for equipment ➤ SCHIPP.M1.001 Module 1 ➤ SCHIPP.RES.812 Safe Ambulation Video ➤ SCHIPP.RES.813 Assisting Fallen Client From Floor Video ➤ SCHIPP.M3.011 Assisting Fallen Client From Floor Supervised Assist 	
<p>Client Criteria and Supportive Information:</p> <ul style="list-style-type: none"> ➤ Can follow instruction. ➤ Has moderate to full arm strength in at least one limb ➤ Has full trunk strength ➤ Has moderate to full leg strength (e.g. may have a weak ankle and uses a brace) ➤ Steps with reliable balance ➤ Manages mobility aids with minimal assistance or cueing ➤ May require verbal cues or set up of equipment 			
<p>Steps to perform this task safely:</p>			
		<p>Preparing for the Transfer:</p> <ul style="list-style-type: none"> ➤ Clear obstacles for walking. Ensure Client has footwear on and mobility aids if applicable. ➤ Give verbal cues or touch cues as necessary for transfer safety. ➤ Caregiver may walk on one side, weaker side if applicable, while remaining close to Client and mobility aid if applicable. 	

	<p>Assistance with Equipment During Walking:</p> <ul style="list-style-type: none"> ➤ If a wheelchair is required because endurance is limited and Client can tell Caregiver when they need to sit, the Caregiver can follow behind Client with a wheelchair.
	<p>Client Stumbles while Walking:</p> <ul style="list-style-type: none"> ➤ If Client stumbles or loses balance while walking, Caregiver may try to use their body weight by stepping with closest leg behind Client, apply inward pressure at farthest part of waist, and support at closest shoulder to assist with regaining balance. ➤ If Client is falling quickly forward, Caregivers may move sharp objects out of the way, but should not grab onto Client to prevent fall. ➤ If Client falls backward or knees buckle, Caregiver may be able to have Client slide down Caregiver's leg, using a lunge position to weight shift back. Assist to floor. ➤ Proceed with assisting from fall, based on nursing assessment in Facility or direction from Contact if in Community care
	<p>Comfort and Positioning:</p> <ul style="list-style-type: none"> ➤ Ensure Client is comfortable and safely positioned.
<p>Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.</p> <p>Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.</p> <p>Note: this task will be monitored periodically to ensure compliance and safety</p>	