



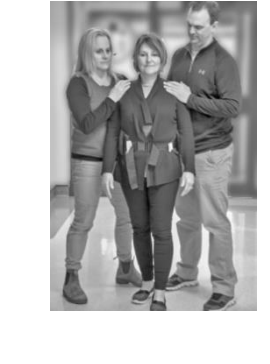


SCHIPP.M3.010

SAFE WORK PROCEDURE		WALKING TWO MINIMUM ASSIST	
Team Name / Team Lead: SCHIPP Team, Regional Director Staff Development, Infection Prevention and Control	Approved By: Vice President - Human Resources	Date Created: June 29 2016	Review Date: December 20 2017 Revised date: January 2 2018
Potential Hazards Present: <ol style="list-style-type: none"> 1) If procedure not followed, there is a risk for awkward postures and over exertion, which can lead to a musculoskeletal injury. 2) Depending on the workload, repetitive motions may be a factor. 3) Client or Caregiver may slip, trip and fall. 4) Client may grab or strike from reactive or defensive behavior. 5) Microorganism Transmission <p>Signs and symptoms of a musculoskeletal injury (MSI) can include pain, burning, swelling, stiffness, numbness/tingling, and/or loss of movement or strength in a body part. Report to supervisor.</p>		Personal protective equipment / devices required / other safety considerations: <ul style="list-style-type: none"> ➤ Transfer/Gait belt for assisted walking, unless not advised. ➤ Appropriate Mobility Aid, brace(s) if required. ➤ Appropriate footwear for Client and Caregiver ➤ Clothing that allows movement for Client and Caregiver ➤ Routine Practices; Additional Precautions as assigned 	
Client Criteria and Supportive Information: <ul style="list-style-type: none"> ➤ Can follow instruction. ➤ Has moderate to full trunk strength ➤ Has moderate to full leg strength and moderate to full weight bearing ➤ Steps with cueing and has fair to moderate balance reactions ➤ Manages mobility aids with minimal to moderate assistance or cueing ➤ Client must be able to attain standing position and walk with two minimum assist 		Training: <ul style="list-style-type: none"> ➤ Initial Orientation and regular review ➤ Training on Transfer Belt Use ➤ Training on assisting the fallen Client 	
Steps to perform this task safely:		Resources: <ul style="list-style-type: none"> ➤ Follow Manufacturer's Instructions for equipment ➤ SCHIPP.M1.001 Module 1 ➤ Video SCHIPP.RES.814 Walking Two Minimum Assist ➤ Video SCHIPP.RES.851 Assisting A Fallen Client from Floor Two or More Assist 	
	Preparing for the Transfer: <ul style="list-style-type: none"> ➤ Clear obstacles and consider amount of space 2 Caregivers and Client require to walk safely. ➤ Ensure Client has footwear on, transfer surface is appropriate for Client. ➤ Apply transfer/gait belt. ➤ Have mobility aide, (if applicable) close at hand to place in front of Client when standing. ➤ Assist Client to stand. 		



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	<p>Position Yourself:</p> <ul style="list-style-type: none"> ➤ Caregivers walk on either side while remaining as close as possible holding transfer/gait belt with inside hands and outside hands are in front of Client's shoulder or on the mobility aid.
	<p>Assistance with Equipment During Ambulation:</p> <ul style="list-style-type: none"> ➤ Caregivers may gently guide the movement of mobility aid to ensure it is positioned in front of Client. ➤ A third Caregiver may be required to push a wheelchair behind Client to provide a place of rest or if Client becomes unsteady, provides an option for other Caregivers to assist Client to sit.
	<p>Client Stumbles while Walking:</p> <ul style="list-style-type: none"> ➤ If Client stumbles or loses balance while walking, Caregivers may try to use their body weight by stepping with closest leg behind Client, apply inward pressure at farthest part of waist, and supports at closest shoulder to assist with regaining balance. ➤ If Client is falling quickly forward, Caregivers may move sharp objects out of the way or guide Client to avoid hitting an object if possible, but should not grab onto Client to prevent fall. ➤ If Client falls backward or knees buckle, one Caregiver may be able to have Client slide down Caregiver's leg, using a lunge position to weight shift back to assist to floor. Do not attempt to hold Client upright. ➤ Proceed with assisting from fall, based on nursing assessment in Facility or direction from Contact if in Community care.
	<p>Comfort and Positioning:</p> <ul style="list-style-type: none"> ➤ Remove transfer/gait belt if applicable. ➤ Ensure Client is safely positioned and comfortable.
<p>Managers/Supervisors: ensure all duties are performed in accordance to training on the Safe Work Procedure, established health and safety regulations/guidelines, policies and procedures (e.g. following safe work procedures) to ensure the staff member, co-workers and clients are safe.</p> <p>Staff performing task: perform task in accordance to training on the Safe Work Procedure and established health and safety regulations. Notify Manager or supervisors of all occurrences, injuries, illnesses or safety and health concerns which are likely to harm themselves or others. Ensure work is completed safely for co-worker, client and personal safety.</p> <p>Note: this task will be monitored periodically to ensure compliance and safety.</p>	